

## Behind the Line Support

"Supporting those on the line & the ones at home supporting them"



## Mayday! PTSD & the First Responder



Behind the Line Support is proud to announce that we are offering our first in-person training for first responders. This training was created to help bring awareness to PTSD and the importance of recognizing first responder mental health.

## This presentation is being offered **FREE** to the first 5 departments that sign up!

**ABOUT THE SPEAKER:** Justin Dubois has been involved in the fire service for 24 years, serving as both a call and career member. He has 10 years' experience working in the prison system as a correctional officer for both adult, woman, and juveniles. He also has spent 10 years working in EMS in the private, municipal and critical care systems. With all the experience and stories, he has also been diagnosed with C-PTSD. The presentation explains his story, his struggle, and his battle with PTSD while also serving in the multiple roles of a first responder.



Please remember that the diagnosis and treatment of depression and other psychiatric disorders requires trained medical professionals. Our support group is not intended to be a substitute for professional medical or mental health advice, diagnosis, or treatment.

If you are in crisis, dial or text 988 for the Suicide & Crisis Lifeline

For more information please contact: 508-207-6539 or email behindtheline509@gmail.com



@behindthelinesupport

